



Welcome to the wonderful world of Firewalking!

The Dragon has long symbolised **Courage, Wisdom and Transformation**. Characteristics which are a theme throughout our programmes. Dragon Firewalking is a powerful metaphor for learning to push past limiting beliefs, tackling challenges, entering 'flow' states and unleashing personal power.

A Firewalking day can combine charity fundraising, raising brand awareness, and bonding your team, all in one package!

It can be used as part of a larger conference event, and we've lots of valuable experience in designing bespoke training for team and leadership development.

The team at Dragon Firewalking have organised and supervised many high profile events and are experienced and equipped to ensure your event is professionally and safely curated. We also offer a professional video and photo package to capture your firewalk. Working with a dedicated team of professionals, this package includes an aerial drone to capture the action from the air, a fast lens photography camera to capture split second reactions, and a slow motion camera. You will be provided a selection of the best photographs and fully edited video for sharing online or on a DVD. This is a great basis for staff portfolio images, an internal staff video for morale, or can be used for a promotional video to illustrate your core values as a company.



Sky Sports Formula 1 Commentary team with Martin Brundle

How it works:

After a conversation we adapt the most suitable package to your needs. No two firewalks are ever the same, so flexibility, attention to details and safety is key to the success of your event. We assess the suitability of your site and advise you on the best way to plan your firewalk.

We'll also provide you with the appropriate methodology statements. On the day of the event we build the firewalk and train your walkers.

For the training we will need a room with a power point for our projector. The safety brief takes around 45 minutes on top of any additional training delivered. Then after this training, the walkers will be asked to complete a waiver form.



Whilst every effort is made to reduce the dangers of walking on hot coals, it is still an inherently dangerous activity so walkers are made fully aware of this and that they are walking on hot coals under their own responsibility. (We've never needed medical treatment to be administered to any of our walkers)



The fire marshals are first aid trained although it is the responsibility of the event hosts, should they require additional safety personnel.

Whilst the safety brief is going on the fire will be built and the coals prepared. We use fire blankets and turf as the foundation for the fire. A supply of water

is needed so an outside tap is useful. When the safety brief is finished, the walkers will be asked to sign the waiver forms and escorted to the firewalk. They

will then complete the walk. After the walk the walkers will return to the classroom where they will receive a short de-brief and presented with a Dragon Firewalker Certificate whilst the team will clear away all remains of the fire. We prefer the organisers to provide either a mini skip for the turf and remaining charcoal cinders or have some other method of responsible disposal. We can take the remnants away but this incurs a further charge.

The Basic Firewalker Package

A 2-3 hour event is ideal for fund raising, team building, private parties or used as part of a larger event. After your deposit of 10% is paid, the timeline is as follows:

- Site evaluation, risk assessment (via interview, photographs or visit)
- Administration, planning and materials ordered
- On the day the Firewalk built & prepared
- Understanding your Dragon personality (optional training)
- Fear to Confidence & Firewalk Familiarity Training
- Safety Brief & Liability waivers signed
- Team of Fire Marshals direct the walkers
- De-Brief to Embed the learning
- Dragon Firewalker Certificates presented
- Team clean-up & Depart

The basic Firewalker package starts at £1975 +VAT. Other circumstances affect the cost of this package, such as travel, additional training and overnight stays etc.

No two events are the same so contact me directly to discuss your event.

Call Martin on +44(0)7733121967